

Date	Type	Part	Event	Category	Sex	Warm up	Start
poniedziałek, 22 wrzesień	All	Training Session	Swimming		women & men		15:00-17:45
		Training Session	Fencing, OCR, Laser run		women & men		15:00-18:00
		Technical meeting	Technical meeting Relays	Relays	women & men		20:00
wtorek, 23 wrzesień	All	Training Session	Swimming		women & men		15:00-17:00, 18:30-19:30
		Training Session	Fencing, OCR		women & men		14:00-15:00
		Training Session	Laser run		women & men		8:30-10:30
			Opening Ceremony		women & men		11.00 - 12:30
	Obstacle-LaserRun	Direct Final	General Warm-up	Mixed Relay	women & men	12:40	
		Direct Final	Obstacle discipline	Mixed Relay	women & men		13:10
		Direct Final	Laser run	Mixed Relay	women & men		13:30
		Direct Final	Award Ceremony (flowers)	Mixed Relay	women & men		14:00
	Pentathlon	Direct Final	Fencing Seeding Round	Relays	women & men	13:30	13:50
		Direct Final	General Warm-up	Relays	women	15:30 - 16:30	
		Direct Final	Fencing Direct Elimination	Relays	women		16:30
		Direct Final	Obstacle discipline	Relays	women		17:00
		Direct Final	Swimming	Relays	women		17:30
		Direct Final	Laser run	Relays	women		17:50
		Direct Final	Award Ceremony (flowers)	Relays	women		18:15
		Direct Final	General Warm-up	Relays	men	18:00 - 19:00	
		Direct Final	Fencing Direct Elimination	Relays	men		19:00
		Direct Final	Obstacle discipline	Relays	men		19:45
		Direct Final	Swimming	Relays	men		20:15
		Direct Final	Laser run	Relays	men		20:45
		Direct Final	Award Ceremony (flowers)	Relays	men		21:15
		Technical meeting	Technical meeting - Men's Qual & Women's SF	group A & B	women & men		21:30
środa, 24 wrzesień	Pentathlon	Training Session	Swimming		women & men		9:00-11:00, 16:00-17:00
		Training Session	Laser run		women & men		11:00-13:00
		Qualification	Fencing Ranking Round	group A	men	09:00	09:30
		Qualification	Obstacle discipline	group A	men	12:00	12:30
		Qualification	Swimming	group A	men	13:15	13:45
		Qualification	Laser run	group A	men	14:15	14:45
		Qualification	Fencing Ranking Round	group B	men	13:30	14:00
		Qualification	Obstacle discipline	group B	men	16:30	17:00
		Qualification	Swimming	group B	men	17:45	18:15
		Qualification	Laser run	group B	men	18:45	19:15
		Semi Final	Fencing Seeding Round	group A & B	women	16:30	17:00
	All	Training Session	Swimming		women & men		10:00-11:30, 13:00-14:30
		Training Session	Laser run		women & men		11:00-12:00
	Obstacle-LaserRun	Direct Final	General Warm-up		men	08:30	
		Direct Final	Obstacle discipline		men		09:00
		Direct Final	Laser run		men		09:45
		Direct Final	Award Ceremony (flowers)		men		10:15

czwartek, 25 wrzesień	Pentathlon	Semi Final	General Warm-up	group A	women	10:00 - 11:00	
		Semi Final	Fencing Direct Elimination	group A	women		11:00
		Semi Final	Obstacle discipline	group A	women		11:45
		Semi Final	Swimming	group A	women		12:20
		Semi Final	Laser run	group A	women		12:50
		Semi Final	General Warm-up	group B	women	13:30 - 14:30	
		Semi Final	Fencing Direct Elimination	group B	women		14:30
		Semi Final	Obstacle discipline	group B	women		15:15
		Semi Final	Swimming	group B	women		15:50
		Semi Final	Laser run	group B	women		16:20
		Semi Final	Fencing Seeding Round	group A & B	men	16:30	17:00
	Obstacle-LaserRun	Technical meeting	Technical meeting - Women's OLR final		women		19:30
piątek, 26 wrzesień	All		Official Dinner				20:00
	All	Training Session	Swimming		women & men		10:00-11:30, 16:30-18:00
		Training Session	Fencing, OCR		women & men		12:00-13:30
		Training Session	Laser run		women & men		16:45-17:45
	Obstacle-LaserRun	Direct Final	General Warm-up		women	08:30	
		Direct Final	Obstacle discipline		women		09:00
		Direct Final	Laser run		women		09:45
		Direct Final	Award Ceremony (flowers)		women		10:15
	Pentathlon	Semi Final	General Warm-up	group A	men	10:00 - 11:00	
		Semi Final	Fencing Direct Elimination	group A	men		11:00
		Semi Final	Obstacle discipline	group A	men		11:45
		Semi Final	Swimming	group A	men		12:20
		Semi Final	Laser run	group A	men		12:50
		Semi Final	General Warm-up	group B	men	13:30 - 14:30	
		Semi Final	Fencing Direct Elimination	group B	men		14:30
		Semi Final	Obstacle discipline	group B	men		15:15
		Semi Final	Swimming	group B	men		15:50
		Semi Final	Laser run	group B	men		16:20
		Technical meeting	Technical meeting Final		men & women		17:00
sobota, 27 wrzesień	All	Training Session	Swimming		women & men		8:00-9:30, 11:00-12:30
		Training Session	Fencing, OCR		women & men		13:30-15:00
		Training Session	Laser run		women & men		12:00-13:00
	Pentathlon	Final	General Warm-up		women	07:50 - 08:50	
		Final	Fencing Direct Elimination		women		09:00
		Final	Obstacle discipline		women		09:45
		Final	Swimming		women		10:20
		Final	Laser run		women		10:50
		Final	Award Ceremony (flowers)		women		11:30
		Final	General Warm-up		men	11:05 - 12:05	
		Final	Fencing Direct Elimination		men		12:15
		Final	Obstacle discipline		men		13:00
		Final	Swimming		men		13:35
		Final	Laser run		men		14:05
		Final	Award Ceremony (flowers)		men		14:35

		Technical meeting	Technical meeting Realys		men & women		15:00
	All	Training Session	Swimming		women & men		10:00-12:00
niedziela, 28 wrzesień	Obstacle-LaserRun	Direct Final	General Warm-up	Relays	women	08:00 - 08:30	
		Direct Final	Obstacle discipline	Relays	women		08:30
		Direct Final	Laser run	Relays	women		09:00
		Direct Final	Award Ceremony (flowers)	Relays	women		09:30
		Direct Final	General Warm-up	Relays	men	09:15 - 09:45	
		Direct Final	Obstacle discipline	Relays	men		09:45
		Direct Final	Laser run	Relays	men		10:15
		Direct Final	Award Ceremony (flowers)	Relays	men		10:45
	Pentathlon	Direct Final	Fencing Seeding Round	Mixed Relay	men & women	10:30	11:00
		Direct Final	General Warm-up	Mixed Relay	men & women	12:30 - 13:30	
		Direct Final	Fencing Direct Elimination	Mixed Relay	men & women		13:30
		Direct Final	Obstacle discipline	Mixed Relay	men & women		14:00
		Direct Final	Swimming	Mixed Relay	men & women		14:30
		Direct Final	Laser run	Mixed Relay	men & women		14:50
		Direct Final	Award Ceremony (flowers)	Mixed Relay	men & women		15:20
	All		Award Ceremony		women & men		16:00