Date	Event	sex / group	Warm up	Start	Uwagi
02.09.2024 PONIEDZIAŁEK	Qual technical meeting	women & men			
		W	OMEN'S QUAL		
03.09.2024 WTOREK	Fencing Ranking Round	gr A			
	Fencing Bonus Round	gr A			
	Obstacle discipline	gr A			
	Swimming	gr A			
	Laser Run	gr A			
	Fencing Ranking Round	gr B			
	Fencing Bonus Round	gr B			
	Obstacle discipline	gr B			
	Swimming	gr B			
	Laser Run	gr B			
			MEN'S QUAL		
04.09.2024 ŚRODA	Fencing Ranking Round	gr A			
	Fencing Bonus Round	gr A			
	Obstacle discipline	gr A			
	Swimming	gr A			
	Laser Run	gr A			
	Fencing Ranking Round	gr B			
	Fencing Bonus Round	gr B			
	Obstacle discipline	gr B			
	Swimming	gr B			
	Laser Run	gr B			
	Finals technical meeting				
		FINAL FEN	CING RANKING RO	DUND	
05.09.2024 CZWARTEK	Fencing Ranking Round	women	10:00	10:30	
	Fencing Ranking Round	men	14:00	14:30	
			FINALS	_	
	General Warm-up	women	09:00		
	Fencing Bonus Round	women		10:00	
	Obstacle discipline	women		10:45	
	Swimming	women		11:30	
	Laser Run	women		12:15	
06.09.2024		,			
PIĄTEK	General Warm-up	men	14:00		
	Fencing Bonus Round	men		15:00	
	Obstacle discipline	men		15:45	
	Swimming	men		16:30	
	Laser Run	men		17:15	
	Award Ceremony	women & men		17:45	
	Mixed relay technical meeting	mix		18:00	
		MIXED RELAY a	ind OLDBOY COM	PETITION	
07.09.2024 SOBOTA	Fencing (ranking round)	mix	08:00	08:30	
	General warm up	mix	10:30		10.00 - 13.00 Strzelanie Oldboy
	Fencing (bonus round)	mix		11:30	12.30 - otwarcie Oldboy
	Obstacle discipline	mix		12:30	14.00 - rozgrzewka pływanie
	Swimming	mix		13:15	14.30 - start pływanie
	Laser run	mix		13:45	Jazda konna na małej rozprężalni od 15.00
	Award Ceremony	mix		14:15	16.00 start laser - run